

ROUTES

INFORMATION:

Website: midfloridamilers.org

[Facebook](#)

STIPULATIONS: These events are open to everyone; they take place regardless of weather conditions.

REGISTRATION: All walkers personally register at the start and begin the walk.

PROCEDURE: Arrive during the start time stated and register. We provide detailed walk instructions with a map. Participants walk at their own pace, normally taking 1 hour for 3 miles (5 kilometers) and 2-2.5 hours for 6 miles (10 kilometers).

PARTICIPATION: These are fun and safe events for all. People of all ages are welcome to participate though an adult must accompany minors.

WATER: For your safety, please carry your own drinking water.

SANCTION: This event is sanctioned by AVA -America's Walking Club (ava.org), a member of the International Federation of Popular Sports (IVV) ([IVV](http://ivv.org)).

DISCLAIMER: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property.

PRE-REGISTRATION: None Required.

FEES: There is a \$4 fee for all participants that includes an AVA/IVV event stamp used to record the event. Minors under 13 are free if not recording the event. Exact change or checks would be appreciated. No refund of the fee is provided after the start of the walk.

CONTACT US: President: Cathy at 407.375.2387, mcbmetherell@aol.com; VP: Paul at 801.554.7132, rperickson25@gmail.com

DATE: 1 August 2026 (Saturday)

LOCATION: Celebration #1 @ Starbucks

EVENT: 6K & 11K Walks

START: Register between 8:00 – 8:30 am

AVA Special Programs: *Par for the Course, Walking the USA A–Z: C*

DESCRIPTION: Trail passes large homes and wooded boardwalks. Visit The Columbia, a 120-year-old family-owned restaurant, among many restaurants in the Town, and Kilwins ice cream shop. Celebration's unique architecture was created by Disney from the best ideas and practices from yesterday's and today's towns. Suitable for strollers and wheelchairs. Pets are permitted. Event: SE2026/Y2780. Trail Ratings: 1A. Information: Howard Daughtrey, 325.668.4914, docd62@aol.com.

DIRECTIONS: Map: [Starbucks - Google Maps](#) GPS: 28.317649,-81.5431356, Starbucks, 715 Bloom Street, Celebration.

Questions on the day of the event: Cathy Metherell 407.375.2387.

Award: Credit only

DATE: 15 August 2026 (Saturday)

LOCATION: Black Hammock Trailhead

EVENT: 6K & 10K Walks

START: Register between 8:00 – 8:30 am

AVA Special Programs: *Anniversaries Hurrah, Par for the Course, Rails-To-Trails, Walking with America's Veterans, Walking the USA A–Z: O*

DESCRIPTION: Bring your family and friends and walk together at your pace. Register and begin the 6 km or 10km walk anytime between 8:00 and 8:30 am. The route in Oviedo/Winter Springs is on parts of the Cross Seminole Trail and on sidewalks passing through many nice neighborhoods that are partly shaded. The routes are suitable for strollers and wheelchairs. Please carry water. Event: 2026/132092. Trail Ratings 1A. Contact Dan Barnett, 321.338.7093, dnlcssb@aol.com.

DIRECTIONS: Map: [Black Hammock Trailhead - Google Maps](#), GPS: 28. 689736, -81. 2329648. Black Hammock Trailhead, 1571 E. State Road 434, Winter Springs.

Questions on the day of the event: Call Cathy Metherell
407.375.2387.

Award: Credit only

DATE: 29 August 2026 (Saturday)

LOCATION: Universal @ Miller's Ale House

EVENT: 5K & 10K Walks

START: Register between 8:00 – 8:30 am

AVA Special Programs: *Walking the USA A–Z: O*

DESCRIPTION: Explore the area in and around Universal parks and resorts and the beautifully landscaped Garden Walk alongside the magnificent blue-green City Walk Lagoon, where water taxis ferry people to and from resorts such as Hard Rock. Many attractions like Margaritaville and NBC Sports, a movie theatre, and music-themed restaurants abound. (Entrances to City Walk use scanners so no sharp objects like penknives are permitted.) These walks are suitable for strollers and wheelchairs. Pets are Not permitted. Event: SE26/Y1728. Trail Ratings: 1A. Contact: Paul Erickson, 801.554.7132, rperickson25@gmail.com.

DIRECTIONS: Map: [Miller's Ale House - Google Maps](#) GPS: 28.4814486,-81.4605452. Miller's Ale House, 5573 S. Kirkman Rd, Orlando.

Questions on the day of the event: Call Cathy Metherell
407.375.2387.

Award: Credit only

September 2026 Events

5 September: Maitland @ Walgreens

19 September: Orlando Downtown @ Beardall Senior Center

August 2026 Events

Mid-Florida Milers Walking Club



36 Years
walking in
Central Florida
est 1989

1 August 2026 (Saturday)

Celebration #1/Starbucks

6 & 11 km walks

15 August 2026 (Saturday)

Black Hammock Trailhead

6 & 10 km walks

29 August 2026 (Saturday)

Universal/City Express Hotel by Marriot

5 & 10 km walks



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