

## **ROUTES**

### **INFORMATION:**

Website:[midfloridamilers.org](http://midfloridamilers.org)

[Facebook](#)

**STIPULATIONS:** These events are open to everyone; they take place regardless of weather conditions.

**REGISTRATION:** All walkers personally register at the start and begin the walk.

**PROCEDURE:** Arrive during the start time stated and register. We provide detailed walk instructions with a map. Participants walk at their own pace, normally taking 1 hour for 3 miles (5 kilometers) and 2-2.5 hours for 6 miles (10 kilometers).

**PARTICIPATION:** These are fun and safe events for all. People of all ages are welcome to participate though an adult must accompany minors.

**WATER:** For your safety, please carry your own drinking water.

**SANCTION:** This event is sanctioned by AVA -America's Walking Club ([ava.org](http://ava.org)), a member of the International Federation of Popular Sports (IVV) ([IVV](http://ivv.org)).

**DISCLAIMER:** The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property.

**PRE-REGISTRATION:** None Required.

**FEES:** There is a \$4 fee for all participants that includes an AVA/IVV event stamp used to record the event. Minors under 13 are free if not recording the event. Exact change or checks would be appreciated. No refund of the fee is provided after the start of the walk.

**CONTACT US:** President: Cathy at 407.375.2387, [mcbmetherell@aol.com](mailto:mcbmetherell@aol.com); VP: Paul at 801.554.7132, [rperickson25@gmail.com](mailto:rperickson25@gmail.com)

**DATE:** 6 June 2026 (Saturday)

**LOCATION:** Celebration #2 @ Starbucks

**EVENT:** 6K & 10K Walks

**START:** Register between 8:00 – 8:45 am)

**AVA Special Programs:** *Anniversaries Hurrah, Par for the Course, A-MAZE-ing Labyrinths, Walking with America's Veterans, Walking the USA A-Z: C*

**DESCRIPTION:** The routes are through shaded streets, walkways, serene boardwalks, and residential homes. Try the many restaurants in town - including the 110-year-old Columbia - and Kilwin's ice cream shop (restrooms; opens at 11am). Walk in the town developed and adapted by Disney by taking the best ideas and practices from yesterday's and today's towns. Restrooms at Start & the Golf Club. These walks are suitable for strollers, and for wheelchairs. Pets are permitted. Event: SE2026/Y1817. Trail Ratings: 1A. Contact: Howard Daughtrey, 325.668.4914, [docd62@aol.com](mailto:docd62@aol.com).

**DIRECTIONS:** Map: [Starbucks Coffee Company - Google Maps](#), GPS: 28.317649, -81.541356. Starbucks, 715 Bloom Street, Celebration.

**Questions on the day of the event:** Call Cathy Metherell 407.375.2387.

**DATE:** 20 June 2026 (Saturday)

**LOCATION:** Shoppes @ Eastwood Publix

**EVENT:** 5K & 10K Walks

**START:** Register between 8:00 – 8:45 am

**AVA Special Programs:** *Anniversaries Hurrah, Walking the USA A-Z: O*

**DESCRIPTION:** Walk in the Eastwood residential area, seeing older homes, tree-lined streets, a 18-hole golf course and on Alafaya Trail. Restrooms at Start. Suitable for

strollers and wheelchairs. Pets are permitted. Event: SE2026/132012. Trail Ratings: 1A. Information: Dan Barnett, 808.342.8584, [dnlcssb@aol.com](mailto:dnlcssb@aol.com).

**DIRECTIONS:** Map: [Publix Super Market at The Shoppes of Eastwood - Google Maps](#), GPS: 28.525876,-81.198566, Eastwood Publix, 1921 S. Alafaya Trail, Orlando.

**Questions on the day of the event:** Call Cathy Metherell 407.375.2387.

**Award:** Credit only

July 2026 Events  
18 July: Orlando South @ Beardall Senior Center

# June 2026 Events

## *Mid-Florida Milers Walking Club*



36 Years  
walking in  
Central Florida  
est 1989

**6 June 2026 (Saturday)  
Celebration #2/Starbucks  
6 & 10 km walks**

**20 June 2026 (Saturday)  
Shoppes/Eastwood Publix  
5 & 10 km walks**



[MFM Website](#)



[MFM Facebook](#)

