

ROUTES

INFORMATION:

Website: midfloridamilers.org

[Facebook](#)

STIPULATIONS: These events are open to everyone; they take place regardless of weather conditions.

REGISTRATION: All walkers personally register at the start and begin the walk.

PROCEDURE: Arrive during the start time stated and register. We provide detailed walk instructions with a map. Participants walk at their own pace, normally taking 1 hour for 3 miles (5 kilometers) and 2-2.5 hours for 6 miles (10 kilometers).

PARTICIPATION: These are fun and safe events for all. People of all ages are welcome to participate though an adult must accompany minors.

WATER: For your safety, please carry your own drinking water.

SANCTION: This event is sanctioned by AVA -America's Walking Club (ava.org), a member of the International Federation of Popular Sports (IVV) ([IVV](http://ivv.org)).

DISCLAIMER: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property.

PRE-REGISTRATION: None Required.

FEES: There is a \$4 fee for all participants that includes an AVA/IVV event stamp used to record the event. Minors under 13 are free if not recording the event. Exact change or checks would be appreciated. No refund of the fee is provided after the start of the walk.

CONTACT US: President: Cathy at 407.375.2387, mcbmetherell@aol.com; VP: Paul at 801.554.7132, rperickson25@gmail.com

DATE: 4 April 2026 (Saturday)

LOCATION: Lake Sumter Landing @ Waterfront Inn, The Villages

EVENT: 5K & 10K Walks

START: Register between 9:00 – 9:30 am

AVA Special Programs: *Par for the Course, Step to the Beat, Walking the USA A-Z: V*

DESCRIPTION: The walks at The Villages, a retirement community northwest of Orlando, are on sidewalks and multi-modal trails past numerous golf courses providing views of Cherry Lake/Lake Sumter, Lake Sumter Landing Town Square, gardens, residential, businesses and recreation areas. A large variety of restaurants are available. Restrooms at start, pools and recreation centers. These walks are suitable for strollers, and for wheelchairs. Pets are permitted. Event: SE2026/Y1470. Trail Ratings: 1A. Contact: Jan Van Vlack, 317.300.0526, jvanvlack@gmail.com.

DIRECTIONS: Map: [The Waterfront Inn - Google Maps](#), GPS: 28.909623, -81.982709. Waterfront Inn, 1105 Lake Shore Dr, The Villages. **Do not park in the parking lot in front of the hotel.**

Questions on the day of the event: Call Cathy Metherell 407.375.2387.

DATE: 18 April 2026 (Saturday)

LOCATION: Celebration #1 @ Starbucks

EVENT: 6K & 11K Walks

START: Register between 8:30 – 9:15 am

AVA Special Programs: *Par for the Course, Walking the USA A-Z: C*

DESCRIPTION: Trail passes large homes and wooded boardwalks. Visit The Columbia, a 120-year-old family-owned restaurant, among many restaurants in the Town, and Kilwins ice cream shop. Celebration's unique architecture was created by Disney from the best ideas and practices from yesterday's and today's towns. Suitable for strollers and wheelchairs. Pets are permitted. Event: SE2026/Y2780. Trail Ratings: 1A. Information: Howard Daughtrey, 325.668.4914, docd62@aol.com.

DIRECTIONS: Map: [Starbucks - Google Maps](#) GPS: 28.317649,-81.5431356, Starbucks, 715 Bloom Street, Celebration.

Questions on the day of the event: Call Cathy Metherell
407.375.2387.

Award: Credit only

April 2026 Events

Mid-Florida Milers Walking Club



36 Years
walking in
Central Florida
est 1989

May 2026 Events

2 May: Disney Springs @ Orange Parking Garage
16 May: Orlando (Traditional Event) @ Beardall Senior Center
(Annual Club Membership Meeting)
30 May: Orlando North @ Marks Street Senior Center

4 April 2026 (Saturday)
Lake Sumter Landing/Waterfront Inn (The Villages)
5 & 10 km walks

18 April 2026 (Saturday)
Celebration #1/Starbucks
6 & 11 km walks



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