

ROUTES

INFORMATION:

Website: midfloridamilers.org

[Facebook](#)

STIPULATIONS: These events are open to everyone; they take place regardless of weather conditions.

REGISTRATION: All walkers personally register at the start and begin the walk.

PROCEDURE: Arrive during the start time stated and register. We provide detailed walk instructions with a map. Participants walk at their own pace, normally taking 1 hour for 3 miles (5 kilometers) and 2-2.5 hours for 6 miles (10 kilometers).

PARTICIPATION: These are fun and safe events for all. People of all ages are welcome to participate though an adult must accompany minors.

WATER: For your safety, please carry your own drinking water.

SANCTION: This event is sanctioned by AVA -America's Walking Club (ava.org), a member of the International Federation of Popular Sports (IVV) ([IVV](http://ivv.org)).

DISCLAIMER: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property.

PRE-REGISTRATION: None Required.

FEES: There is a \$4 fee for all participants that includes an AVA/IVV event stamp used to record the event. Minors under 13 are free if not recording the event. Exact change or checks would be appreciated. No refund of the fee is provided after the start of the walk.

CONTACT US: President: Cathy at 407.375.2387, mcbmetherell@aol.com; VP: Paul at 801.554.7132, rperickson25@gmail.com

DATE: 7 March 2026 (Saturday)

LOCATION: Maitland @ Walgreens Pharmacy

EVENT: 5K & 10K Walks

START: Register between 8:30 – 9:15 am

AVA Special Programs: *Walking the USA A–Z: M*

DESCRIPTION: Walk through tree-lined residential areas, around lakes and city parks. Pass the National Landmark Maitland Art Center. The historic Waterhouse Residence Museum is on Lake Lily Drive. Restrooms at start. Pets are permitted. These walks are suitable for strollers and wheelchairs. Event: SE26/Y1124. Trail Ratings: 1A. Contact: Tom Carter, 615.400.1796, tomcarter3640@gmail.com.

DIRECTIONS: Map: [Walgreens - Google Maps](#) GPS: 28.625457,-81.365722. Walgreens Pharmacy, 330 S Orlando Ave, Maitland..

Questions on the day of the event: Call Cathy Metherell 407.375.2387.

DATE: 21 March 2026 (Saturday)

LOCATION: Tavares @ Wooton Park

EVENT: 5K & 10K Walks

START: Register between 8:30 – 9:15 am

AVA Special Programs: *Par for the Course, Rails-to-Trails, Walking with America's Veterans, Walking the USA A–Z: T*

DESCRIPTION: Tavares is a historic town in Lake County. It is the county seat with many historic buildings, including the opera house dating from 1887. The walks in Tavares are on sidewalks and through a park and past the famous sea plane base on Lake Dora. Restrooms at the start. Pets are permitted. The walk is difficult for strollers and wheelchairs. Traditional Event: 2026/131804. Trail Ratings: 1B. Contact: Jenny Thomas, 917.881.8358, jftbtt@hotmail.com.

DIRECTIONS: Map: [Wooton Park - Google Maps](#) GPS: 28.801191,-81.729989. 100 E. Ruby St., Tavares.

Questions on the day of the event: Call Cathy Metherell 407.375.2387.

Award: Credit only

April 2026 Events
4 April: The Villages, Lake Sumter Landing @ Waterfront Inn
18 April: Orlando Wetlands

March 2026 Events

Mid-Florida Milers Walking Club



36 Years
walking in
Central Florida
est 1989

7 March 2026 (Saturday)
Maitland/Walgreens Pharmacy
5 & 10 km walks

21 March 2026 (Saturday)
Tavares/Wooton Park
5 & 10 km walks



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