

**MID-FLORIDA MILERS WALKING CLUB
QUARTERLY BOARD MEETING
July 23, 2024**

CALL TO ORDER

The MFM Quarterly Board meeting was held virtually via Zoom. President, Cathy Metherell called the meeting to order at 6:00p.m. A quorum was present: Cathy Metherell, President, Sharon Axelrod, Secretary, and Dan Barnett, Treasurer. Also in attendance were Dave Piatt, Membership Chair, and Jenny Thomas, YRE Coordinator.

MINUTES

Minutes from the April 25, 2024 Quarterly Board Meeting were approved and accepted.

TREASURER'S REPORT

Treasurer, Dan Barnett presented the following.

- Balance Sheet as of June 30, 2024:
 - Checking Account \$4,825.16
 - Business Savings Acct \$1,522.66
 - Fairwinds CDs \$5,376.71
 - Petty Cash \$ 35.00
 - Total all Assets= \$11,759.53
- MFM Expense Statement July 2023 thru June 2024 and MFM Income Statement July 2023 thru June 2024:
 - Net Income YTD= \$931.09

MEMBERSHIP REPORT

Dave Piatt, Membership Chair, provided the following:

- As of 7/23/2024 we have 37 memberships and 57 members. This compares to 42 memberships and 60 members at the same time last year.
- We still have 21 memberships that have not renewed. Dave will be following up with these members via email.

VOLUNTEER REPORT

Sharon Axelrod, Volunteer Coordinator, provided:

- We will need two Checkpoint volunteers for the August 17 Traditional Event in Altamonte Springs.
- As of August, I will begin to create the Volunteer Sign Up for the positions needing to be fulfilled for WAF33.

YRE COORDINATOR REPORT

Jenny Thomas discussed the AVA new Walk Registration Form 900A

- The New Registration form is attached for your review.
The Participation Codes are as follows:
P – Paid Participant (\$4.00 fee paid)
G/NWP – (club) Guest (free coupon from AVA New Walker Packet)
CNS – Child/No Stamp (Under age 13 not stamping books)
S – Strider Participant (formerly E3H is now Strider & Strider pays the fee)

- We will begin using the New Form for upcoming Traditional Events. AVA has not given a timeline to the Clubs so Jenny will eventually get the new forms to all the Walk Boxes for the YRE walks.

OLD BUSINESS

- 2024 Traditional Events upcoming:
 - Altamonte Spring, August 17: Cranes Roost
 - Cathy will confirm walk start with Starbucks at 355 E. Altamonte Drive, where we had started the Altamonte Mall YRE walk several years ago.
 - Lake Nona, October 5, MFM 35th Anniversary
 - We will review the walk we did back in Lake Nona on March 19, 2016. This walk started at the Veterans Hospital, when the area was first being developed as Orlando “Medical City”. Cathy has scoped out the area and there are now several possible spots to start the walk which we will check out (Starbucks, Library, Parking Garage & more).
 - There have been many changes so we will need to pre pre-walk and re-route where necessary; confirming the best start location, checkpoint location, restrooms and identifying 2024 special programs.
 - October 5, 2024 is our 35-year Club Anniversary. We had a short discussion about having a small celebration and we will discuss further as we finalize the event details.
 - Kissimmee, December 21
 - Jenny Thomas has reviewed two Kissimmee walks archived from 2009 and 2011 and combined them for a walk version that needs to be pre-walked (6K and 10K)
 - She has this walk starting at the Sunrail / Amtrak Station but there are a few other close by start possibilities: library, free parking garage. We will also have to review checkpoint area, restrooms and special programs.
- WAF 33 Palm Coast Nov 1-3
 - Hotel: Best Western Plus @\$102/night, available 10/31 thru 11/3. Open for registration (see our website)
 - Brochure with Registration Form for all events is available on our website.
 - *4 walks*: Flagler YRE, Palm Coast YRE, Princess Place Preserve, and Palm Coast Town Center.
 [NOTE: MFM will be responsible for the Princess Place Preserve Walk, which will be held on Saturday afternoon 11/2; (set up, take down, arrows, checkpoint and volunteers).
Swim: During weekend at the hotel and also available Friday and Sunday at Palm Coast Aquatics Center
Bike: Extensive bike trails in the area; guided or self-guided or both (TBD)
 A Triathlon Medal will also be available to anyone who wants to sign up for a walk, swim and bike (no fee)
 - *Friday evening* meet & greet @ Hotel
 - *Saturday night dinner* buffet at VFW (\$35)

- WAF 34 in 2025> MFM hosts
 - Osceola walks, possible theme rodeo/cowboys
 - Looking at St. Cloud, Lake Nona, Kissimmee, Celebration

NEW BUSINESS

- MFM Brochure 2024
 - Brochure needs some updates as requested by Paul and Jenny:
 - The Waiver Section needs to be changed to incorporate the new registration form codes.
 - The Stamp section should show AVA stamp as 2024xxxx.
 - Change the front cover from 34+ years to 35+ years.
 - Back page:
 - Leave Paul's email as is. He is still in the process of getting it fixed.
 - Correct the punctuation on the Treasurer information
 - Revision date should be included at the bottom of the back page.
- Dave Piatt has offered to make the changes and sent revised version to us for final approval.
- Financial Audit necessary for Club years 2021, 2022, 2023, 2024:
 - Thank you to Dave Piatt for reminding us that we are overdue for our Financial Audit. The last one was done by Kent Allingham in 2020. Cathy will reach out to our membership for a volunteer to assist with this process.
- 2025 Sanctioning for Year- Round Events
 - Jenny asked the BOARD if they wish to renew all of the current Year-Round Events for 2025. All voted in favor of renewing the current events. Next year we will want to take a closer look at participation and cost.
- MFM Club School Drive
 - Cathy recommended having a Collection Drive for School Supplies this year rather than our usual Christmas Drive. She knows an organization in Seminole County that runs a drive all year long and she will get a list of their needs. The Board approved.

The next Quarterly Board of Directors Meeting has been scheduled for Wednesday, October 9, 2024 at 6:00 pm

The meeting was adjourned at 7:20 pm.

Sharon Axelrod, Secretary, Mid-Florida Milers Walking Club