

ROUTES

INFORMATION: Website: midfloridamilers.org

Facebook: [Link](#)

STIPULATIONS: These events are open to everyone; they take place regardless of weather conditions.

REGISTRATION: All walkers personally register at the start and begin the walk.

PROCEDURE: Arrive during the start time stated and register. We provide detailed walk instructions with a map. Participants walk at their own pace, normally taking 1 hour for 3 miles (5 kilometers) and 2-2.5 hours for 6 miles (10 kilometers). Walkers must return to the start by the completion time when one is stated.

PARTICIPATION: This is a fun and safe event for all. People of all ages are welcome to participate though an adult must accompany minors.

WATER: For your safety carry your own drinking water.

SANCTION: This event is sanctioned by AVA -America's Walking Club (ava.org), a member of the International Federation of Popular Sports (IVV).

DISCLAIMER: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property.

PRE-REGISTRATION: None Required.

FEES: There is a \$3 fee for all participants that includes an AVA/IVV event stamp used to record the event. Minors under 13 are free if not recording the event. Exact change or checks would be appreciated. No refund of the fee is provided after the start of the walk.

CONTACT US: President: Cathy at 407.375.2387, mcbmetherell@aol.com; VP: Dan at 321.338.7093, dnlcssb@aol.com Routes and Trails Coordinator: Ron at 828.773.4219, rggreene63@hotmail.com

DATE: 2 October 2021 (Saturday)
LOCATION: Celebration #2 @ Starbucks
EVENT: 6 & 10K Walks
START: Register 8:30– 9:00

AVA Special Programs: *Rockin' Around the Clock, Walking w/Veterans, Walking the USA A – Z:C,*

DESCRIPTION: Register for the 6 and 10K walks between 8:30 - 9:00 am. Walk fee is \$3 per participant, and children under 13 are free. Walk instructions with maps provided; walk at your pace. You walk around lakes filled with wildlife, into and past wetlands, and thru different residential areas on sidewalks. Please carry water. Leashed pets are allowed. Event Y1817. Trail Ratings: 1A (on sidewalks, boardwalks, and level). Additional information: Howard at 325.668.4914. **DIRECTIONS** Map: [715 Bloom St - Google Maps](#) GPS: 28.3172128,-81.5435598. To Starbucks, 715 Bloom St., Celebration: From Tampa I-4E OR from Daytona/Orlando I-4W to Exit 64/Kissimmee/US 192E; right on Celebration Ave. From Cocoa/E.Orlando: SR 417S to Exit 2, left on Celebration Ave. ALL: At 1st stop sign (Sun Trust Bank) turn left then right on Front St. - Starbucks is ahead at Bloom St. Parking in rear.

Questions on day of the event: Call Cathy, 407.375.2387.

Award: Credit only.

DATE: 16 October 2021 (Saturday)
LOCATION: Winter Garden @ West Orange Trail
EVENT: 5K & 10K Walks
START: Register between 8:30 am – 9:00 am

AVA Special Programs. *Rockin' Around the Clock, Walking the USA A – Z:W,*

DESCRIPTION: Bring your family and friends and walk together at your pace. Register and begin the 5 km or 10km walk anytime between 8:30 and 9:00 am. The route in Winter Garden is on parts of the West Orange Trail and into nearby neighborhoods. The routes are suitable for strollers and wheelchairs. Please carry water. Rated 1A. Information: Contact Sharon, 407.443.6128, palmtreesax@gmail.com

DIRECTIONS: MAP: [455 E Plant St - Google Maps](#) GPS: 28.5667136,-81.5836217. To 455 E. Plant St, Winter Garden, from Orlando, west on SR 50, Colonial Dr (or take 408 West, take exit 1 and turn left on SR 50, Colonial Dr), pass under SR 429, turn Right on 9th St, turn Left on Plant St and Winter Garden Station at WOT will be on your right. From Florida Turnpike, take exit 272, Winter Garden, east on SR 50, Colonial Dr, past

Dilliard St, take a Left onto 9th St, turn Left on Plant St to Winter Garden Station at WOT on your right.

Questions on day of the event: Call Cathy, 407.375.2387.

Award: Credit only.

DATE: 30 October 2021 (Saturday)
LOCATION: The Villages@ Spanish Springs
EVENT: 5K & 10K Walks
START: Register between 9:00 am – 9:45 am
AVA Special Programs. *Rockin' Around the Clock, Walking w/America's Vets, Walking the USA A – Z:V,*

DESCRIPTION: Register for the 5 and 10K walks between 9:00 - 9:45am. Walk fee is \$3 per participant, and children under 13 are free. Walk instructions with maps provided; walk at your pace. Restrooms at start and Rec center. Pets are permitted. Walk thru Spanish Springs Town Center, past different Villages, on multimode trail along a golf course. Please carry water. Event: Y1433. Trail Ratings: 1A (very small hills mostly on pavement). Additional information, Contact Gerry 240.727.2753, toadnfrog@live.com

DIRECTIONS: MAP: [1141 Alonzo Ave - Google Maps](#) GPS: 28.9411159,-81.9541838 To Towne Place Suites at 1141 Alonzo Ave. From Tampa on I-75 N use exit 329, State Rd. 44. Turn right on State Rd. 44. Turn left on US 301. Turn right on County Rd. 466 to Buena Vista Blvd. Turn left on Buena Vista Blvd. to roundabout at El Camino Real. Turn right on El Camino Real to roundabout at Morse Blvd. Take second exit at Paige Pl. to Avenida Central. Turn right on Avenida Central to Alonzo Ave. **below. From Orlando on Florida's Turnpike N. to Exit 304, Wildwood. Turn right on US 301 to County Rd. 466. Turn right on County Rd. 466 to Buena Vista Blvd. Turn left on Buena Vista Blvd. to roundabout at El Camino Real. Turn right on El Camino Real to roundabout at Morse Blvd. Take second exit at Paige Pl. to Avenida Central. Turn right on Avenida Central to Alonzo Ave. **below. **ALL turn left on Alonzo Ave. to Towne Place Suites. From Leesburg and Orlando on US 441/27N turn left on 2nd Avenida Central (after passing under "The Villages" golf cart overpass) in Lady Lake, left on Paige Pl. and right into hotel.

Questions on day of the event: Call Cathy, 407.375.2387.

Award: Credit only.

November Events

5-7 Nov: WAF 30 in Daytona;
20 Nov: Winter Park @ Amtrak;
26 Nov: Wekiwa Springs State Park

October 2021 Events

Mid-Florida Milers Walking Club

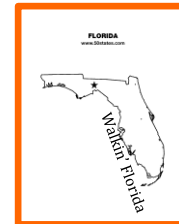


31 Years
walking in
Central Florida
est 1989

2 October 2021 (Saturday)
Celebration #2
6/10 km walks

16 October 2021 (Saturday)
Winter Garden
5/10 km walks

30 October 2021 (Saturday)
The Villages, Spanish Springs
5/10 km walks



Walking in Florida.org midfloridamilers.org MFM Facebook

