

INFORMATION: Website: midfloridamilers.org

Facebook: [Link](#)

STIPULATIONS: These events are open to everyone; they take place regardless of weather conditions.

REGISTRATION: All walkers personally register at the start and begin the walk.

PROCEDURE: Arrive during the start time stated and register. We provide detailed walk instructions with a map. Participants walk at their own pace, normally taking 1 hour for 3 miles (5 kilometers) and 2-2.5 hours for 6 miles (10 kilometers). Walkers must return to the start by the completion time when one is stated.

PARTICIPATION: This is a fun and safe event for all. People of all ages are welcome to participate though an adult must accompany minors.

WATER: For your safety carry your own drinking water.

SANCTION: This event is sanctioned by AVA -America's Walking Club (my.ava.org), a member of the International Federation of Popular Sports (IVV).

DISCLAIMER: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property.

PRE-REGISTRATION: None Required.

FEES: There is a \$3 fee for all participants that includes an AVA/IVV event stamp used to record the event. Minors under 13 are free if not recording the event. Exact change or checks would be appreciated. No refund of the fee is provided after the start of the walk.

CONTACT US: President: Cathy at 407.375.2387, mcbmetherell@aol.com; VP: Dan at 321.338.7093, dnlcssb@aol.com

DATE: 4 September 2021 (Saturday)

LOCATION: International Drive @ Comfort Suites

EVENT: 6 & 10K Walks

START: Register 8:30– 9:15

AVA Special Programs: *Rockin' Around the Clock (10K)*, *Walking the USA A – Z:O*,

DESCRIPTION: The 6K and 10K walks along I-Drive, a circuit of entertainment delights including Ripley's, Madam Tussaud's, The 400 ft. observation Wheel, Titanic Experience, the 420 ft. spinning Starflyer, and mini golf, as well as 50+ restaurants and other attractions. Please carry water. These walks are suitable for strollers and wheelchairs. Pets are permitted. Event: Y1753. Trail Ratings: 1A (sidewalks and level terrain). Information: Dan, 321.338.7093, dnlcssb@aol.com

DIRECTIONS Map: [7495 Canada Ave - Google Maps](#) GPS: 28.4532907,-81.4698715, Comfort Inn & Suites at 7495 Canada Ave off International Dr. From Orlando on I-4W stay in right lane to Exit 75B-A FL435/Kirkman Rd/Intl Dr. Stay to left at Exit 75B and over I-4, crossing Intl Dr. Right in 0.3 mile on Carrier at stop light. Right at stop sign & cross Universal Blvd then left on Canada Ave to hotel on left. From Florida Turnpike to Exit 259, I-4W/Tampa. Stay on I-4W in right lane and follow Orlando above. From the airport on FL528W to Exit 2. Right on Universal for 3.6 mi to Sand Lake Rd. Left on Sand Lake. First right on Canada Ave. to hotel on right. Park in lot.

Questions on day of the event: Call Cathy, 407.375.2387.

Award: Credit only.

DATE: 18 September 2021 (Saturday)
LOCATION: Oviedo/Tuskawilla@ Black Hammock Trailhead
EVENT: 6K & 10K Walks
START: Register between 8:30 am – 9:15 am
AVA Special Programs. Walking w/America's Vets, Walking the USA A – Z:O,

DESCRIPTION: Bring your family and friends and walk together at your pace. Register and begin the 6 km or 10km walk anytime between 8:30 and 9:15 am. The route in Oviedo/Winter Springs is on parts of the Cross Seminole Trail and on sidewalks passing through many nice neighborhoods that are partly shaded. The routes are suitable for strollers and wheelchairs. Please carry water. Rated 1A.. Information: Contact Dan, 321.338.7093, dnlcssb@aol.com

DIRECTIONS: MAP: [1571 E State Rd 434 - Google Maps](#) GPS: 28.6894707,-81.232952. To the Black Hammock Trailhead at 1571 E. State Road 434, Winter Springs, from Orlando use I-4E/I-4W to SR 434, exit 94, Winter Springs/Longwood. Turn right on SR 434 Rd. From Deland turn left. Go 10 miles to trailhead just before SR 417 overpass. From Orlando or Sanford use any road to SR 417N/417S (Greeneway) and take exit 44. From 417N turn left shortly after passing under SR 417 into the trailhead;. From SR 417S turn right and then left into the trailhead.

Questions on day of the event: Call Cathy, 407.375.2387.

Award: Credit only.

October Events

2 Oct: Celebration #2 at Starbucks;
16 Oct Winter Garden;
30 Oct: The Villages @ Spanish Springs

September 2021 Events

Mid-Florida Milers Walking Club



4 September 2021 (Saturday)

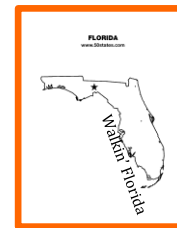
International Drive

6/10 km walks

18 September 2021 (Saturday)

Oviedo/Tuskawilla

6/10 km walks



Walking in Florida.org midfloridamilers.org MFM Facebook

