

## Listing by Dates of AVA Special Programs

(Programs in effect on 1 January 2020)

**The following 2017 Programs continue until Dec 2019 to purchase books, 31 Dec 2020 to redeem completed books:**

### Ice Cream Parlors

Begins January 1, 2017. The end date is December 31, 2019 to purchase books and December 31, 2020 to turn them in. Ice cream parlors have been essential in America's social and cultural history. Participants will enjoy a sense of nostalgia as they recall being teenagers and meeting friends after school at the local ice cream parlor, sitting in their favorite booth or at the counter to have ice cream, frappes, floats, or sodas. Adults will remember their parents or grandparents taking them for ice cream and can now take their own children or grandchildren. All participants are encouraged to reminisce or make new memories as they go by their local ice cream parlor or as they venture to new locations. A colorful, 3" x 4" fully embroidered patch of a 3-scoop decadent banana split sundae on a shiny metal table under a typical ice cream parlor awning. The cost of the book will be \$10. Books can be purchased from Mary Frink, Walk 'n Mass Volkssport Club, 38 Carter St #205, Everett, MA 02149. For more information contact 617-387-1577 or [mfwalks2010@verizon.net](mailto:mfwalks2010@verizon.net).

### Underground Railroad

The Underground Railroad AVA SP starts January 1, 2017 and book sales continue until December 31, 2019. Participation and redemption of this book will end December 31, 2020. The Underground Railroad was an important part of American history. This program will help all to recognize the bravery of those who rode it to freedom. Prior to 1860, America captured and enslaved about four million Black people from Africa. America was built on this enslaved labor, performing the difficult labor of the plantations across the South and slave- traders saw an opportunity to make a great deal of money buying and selling slaves. From the beginning, slaves tried to escape from the owners but attempting to escape or helping someone to escape was dangerous and could end in severe punishment or death. The Underground Railroad is the name for the secret route fugitives took to escape to freedom. It was not a real railroad, but rather a series of safe hiding places called "stations", those who helped the fugitives travel to one station were called "railroad workers" and those who helped the fugitives get food and places to sleep were known as "station masters". The 3.5" x 4" patch depicts a picture of an authentic auction block that was used during the slavery days. According to US History the Underground Railroad spanned 29 states. The cost of the book is \$10. Book can be purchased from Frances Taylor, Derby City Walkers, 7836 Royalty Ave, Apt B, Louisville, KY 40222. For more information contact 502-494-3594 or [frant98@bellsouth.net](mailto:frant98@bellsouth.net).

**The following 2018 Program continues until Dec 2020 to purchase books, 31 Dec 2021 to redeem completed books:**

### Walk Like an Olympian

Program runs January 1, 2018 – December 31, 2020. Redeem completed books by December 31, 2021. Walkers can achieve Bronze, Silver or Gold levels. Ten walks in cities where the Olympics have been held or in American cities with the same names as Olympic hosts will earn walkers the Bronze level, 15 for the Silver and 20 events for the Gold. The patch has places for all three "medals" so go for the gold! There have been 44 host cities around the world since the beginning of the modern Olympic Games in 1896 through the completion of this program in 2021. Examples: Athens, Innsbruck, Lake Placid, Los Angeles, Paris and St Moritz. There are plenty of opportunities in America such as Atlanta, GA, Lake Placid, NY, Los Angeles, CA, St Louis, MO and Salt Lake City, UT. Walks are also listed in AL & GA (Athens), ID (Moscow), and Vancouver, WA. Qualifiers for all levels must be on sanctioned events. An event may be used two times per year. Book cost is \$10. The patch is 3" x 4". Checks are payable to South Bay Striders. POC is

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Suzi Glass, 5562 Vassar Dr, San Jose, CA 95118. (408) 592-3935 or email [glass2walk@gmail.com](mailto:glass2walk@gmail.com)

**The following Programs begin January 1, 2019 until Dec 31, 2021. Redeem books by Dec 31, 2022:**

### Carousels Across America

Program runs January 1, 2019 - December 31, 2021. Redeem completed books by Dec 31, 2022. Honor a much-loved form of entertainment in the United States. Each state has at least one carousel. Any sanctioned YRE or Traditional event passing a carousel in the U.S. qualifies. Entries per event are unlimited, but a start card must be completed and carried for each. This program is not retroactive. The patch is an embroidered, multi-colored 4"X2 1/4" depicting three colorful carousel horses of varying sizes. Qualifier is the completion of 15 sanctioned events passing a carousel. Order your book Albany Fitwalkers Volkssporting Club, PO Box 1218, Albany, OR 97321. POC: Don Reed [donreed1946@yahoo.com](mailto:donreed1946@yahoo.com) or 541-926-8327.

### Little Free Libraries

Program runs January 1, 2019 - December 31, 2021. Redeem completed books by Dec 31, 2022. No retroactive entries will be accepted. Little Free Libraries can be found throughout the US, Canada and many countries around the world. Complete 20 AVA sanctioned walks that include a Registered Little Free Library. Registered LFL's have an official charter sign and charter number which will be the qualifier. Unregistered LFL's will not count and only one LFL may be used per walk even if there is more than one on the route. One entry per calendar year is permitted for YRE and Seasonal events. Patch is a 4"X4" multi-color picturing three children enjoying books while sitting beneath a Little Free Library. Cost of books is \$10. Qualifier for 20 sanctioned events. Order your book from Deb Gaskins, PO Box 110, Des Moines, IA 50301-0110. Make check payable to Greater Des Moines Volkssport Association (GDMVA). Email [gaskins.deb@gmail.com](mailto:gaskins.deb@gmail.com) phone 515-238-2486.

**The following Programs begin January 1, 2020 until December 31 2022:**

### Airports - Celebrating American Flight

Program runs January 1, 2020 – December 31, 2022. **Redeem completed books by Dec 31, 2023.** The program includes major Metropolitan and International Airports, smaller Regional Airports, Small Regional Airfields, and even Military Airfields if the walk criterion is met, but Heliports or Helipads do not count. The qualifier is meant to define that the walk must be near enough to see airport operations., The walk needs to be along a roadway or pathway adjacent to, abutting, or such similar terms to the Airport property line. Cost of book is \$10. Qualifier is 12 different AVA sanctioned events (Same walk/different year = different walk event.) Patch is 3 ½ x 4 1/2" multicolored embroidered patch. Make checks payable to Seneca Valley Sugarloafers. Order books from POC: Michael Cannon, PO Box 3716, Gaithersburg, MD 20885-3716 [airports@sugarloafers.org](mailto:airports@sugarloafers.org) 301-540-0466

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### Rockin' Around the Clock

Program runs from January 1, 2020 – December 31, 2022. Redeem completed books by Dec 31, 2023. This program is intended to challenge participants to find public clocks while out enjoying volkssporting events. A clock tower is a tower specifically built with one or more clock faces. Clock towers can be either freestanding or part of a church or municipal building such as a town hall. Astronomical clocks that show astronomical information, as well as the time, can be so classified. Town clocks or Public clocks are intended to be seen and of use by the general public in town squares, plazas, city halls, courthouses, train and bus stations, parks and more. Qualifiers are 24 different AVA sanctioned events that include a public clock, clock & repair shop (if clocks are the primary business) or clock museum. Only one use of the IVV Stamp is allowed for each qualifier per year. Non qualifiers: garden sundials, no billboard advertising sign count, clocks in other museums other than a clock museum, clocks inside buildings or seen through windows do NOT qualify unless the clock or clocks are the primary focus of the building or the clock has particular special or historical significance. Make note of the style of clock and/or where the clock is located. EX: St Peter's Church, tower or Bryan Town Square or Daily News Building, etc. Cost of book is \$10. Patch is 3 X 4 " patch depicting a variety of public clocks. Make checks to Maumee Valley Volkssporters. Order the books from POC: Faith Cataldo-Gauger, 233 W Dudley, Maumee, OH 43537 [faith@toast.net](mailto:faith@toast.net) 419-350-4365

### Mayflower - 400th Anniversary Walk

Program runs January 1, 2020 – December 31, 2022. Redeem completed books by Dec 31, 2023. This program ties into Plymouth, MA, with its iconic Mayflower, site of a large 400th Anniversary in 2020, with events leading up to it and celebrated throughout the country. It also ties into the pilgrim story and Native Americans. Qualifiers may include an Indian Museum or statue (any tribe) on route, a full list of surnames of Mayflower Passengers, will be sent out with the booklet. Examples include: Mayflower, Cape Cod, Thanksgiving (any walk done on that day), Surnames: Brewster, Rogers and many more. Walkers are encouraged to walk in Plymouth or by a Mayflower Hotel, or street, monument or sign with some connection will qualify. Passing a Mayflower moving truck or a Plymouth car do not qualify but a building with Mayflower or Plymouth name on it will qualify. Cost of book is \$10. Qualifier of 12 sanctioned events(one time per event per year). Patch is 4 X 4" embroidered of the Mayflower in Plymouth Harbor, MA. Make checks payable to Twin State Volkssport Assoc. Order books from Carolyn Adams, 23 Terry Hill Rd, South Ryegate VT 05069 [carri757@gmail.com](mailto:carri757@gmail.com) 802-757-2500

### The following Programs have long timespans or never end:

**Border Crossings Ends December 31, 2023.** This program includes a Passport as well as a patch. The participant must physically cross the border from one state to another while on a volkssport event. Walking, swimming, biking and cross-country ski events all count. Borders between counties do not count unless they are in different states. International borders will also count as long as they are part of an IVV event. This program covers a 10 year period, which is conducive to a regular US Passport. The objective is to encourage volksmarchers to have fun, finding those unique trails that have border crossings at State Lines, Canadian Provinces, and international borders. Every state has a border with another state or country with the only exception being Hawaii. The program will encourage clubs in different states to work together in setting up a border-crossing event. This program requires you to purchase a passport booklet with more to do than just stamp the book. You will be asked to submit a photo of your border

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crossing and thus make it a personal mini photo album or you can keep notes to make it a mini journal of your adventures. Some may want to do the same border crossing on 15 different days. This will be allowed but make it fun by dressing up in different clothes, wear a different hat, carry a stuffed animal, toy, etc.; in each photo. Qualifier for 15 sanctioned events. Cost of book (passport) \$10. Make check payable to Michigan Pathfinders and mail to: Tom Martin, 5958 Cross Creek Blvd, Indianapolis, IN 46217-3700. Patch: 3" x 4". Sponsored by the Michigan Pathfinders, email [fritzmartin@mw.net](mailto:fritzmartin@mw.net) phone 317.787.9776.

### **Walking the United States (50 States/51 Capitals)**

**No ending date.** Earn special recognition! Complete an AVA walk in all 50 states or in all 50 state capitals and Washington, D.C. The basic state or capital program earns a certificate. Order your "Walking the United States" record book directly from AVA Headquarters, Attn: AVA Headquarters, 1001 Pat Booker Rd., Suite 101, Universal City, TX 78148-4147. E-mail questions to [Karen@ava.org](mailto:Karen@ava.org). Books are \$6.50 each (includes shipping \$1.50). A separate book is required for each program — order two books if participating in both programs. An optional Deluxe Package is available upon completion that includes a state or capital certificate, a large patch, and a patriotic T-shirt. Details are on the back of each book.

### **Walking the USA A – Z**

**No ending date.** Walk 26 cities — A to Z. For example walk in Albany for A, Zanesville for Z, etc. The program will continue indefinitely as long as there is interest. Mail payment of \$8.00 (includes shipping) to purchase an event book. Once you have completed the event book you qualify to receive a beautiful patch. Note: X is a wildcard and can be a walk at any event that is not already marked for the program. Xenia is still an option. Make a copy of your book prior to mailing the original to: AVA Headquarters, Attn: A–Z Program, 1001 Pat Booker Road, Suite 101, Universal City, TX 78148-4147. E-mail questions to [Karen@ava.org](mailto:Karen@ava.org).