

Mid-Florida Milers Walking Club
30th Anniversary Event
Lake Sylvan Park, Sanford
October 5, 2019
9:00 am to 3:00 pm

Mail form by 25 Sept. to Sharon Predham, MFM Treasurer, 26807 River Watch Ct., Leesburg, FL 34748 or complete at a walk. The event includes an AVA sanctioned walk, lunch, drinks, an anniversary cake, games, trivia, meeting old friends, a souvenir, and fun. Pre-registration is necessary for lunch. Box Lunch sandwich options: roast beef on multigrain (B), Chicken Salad on croissant (C), Veggie sandwich on multigrain (V) and individual side salads.

Names	Lunch \$7	Type B, C, V
1.		
2.		
3.		
Total _____		